



Johnson County Bicycle Club

Chain Chatter

www.jcbikeclub.org

May 2009

Lone Star Century



Ride the Lone Star Century on May 31

The 2009 cycling season is underway. Have you done your first century ride of the season yet? Come join the JCBC for the Lone Star Century, the second of the JCBC's three annual fund-raising rides. We heard nothing but praise for the new route after last year's Lone Star Century. This year's ride will be just as great. Don't miss it.

Start in the Vestcom New Century parking lot in New Century, Kansas (off I35, between Olathe and Gardner) and choose between 36, 53, 80, or 100 mile routes. The full route goes by Clinton and Lone Star lakes. The ride includes maps, limited mechanical support and rest stops. Support will be available for riders that cannot complete the ride due mechanical failure or illness by 3:30 PM. Lunch is served at the Lone Star Lake SAG.

Support the JCBC

Proceeds from this ride support the Johnson County Bicycle Club's local and regional bicycle advocacy efforts. Not only will you have a great time on this ride, but your participation will be supporting cycling in our area. When registering for the Lone Star, be sure and renew your JCBC membership if you have not already done so, or join for the first time.

Further Details and Registration Form Inside

Membership Renewal Time

Some people who normally renew their memberships at the Spring Classic missed the ride this year due to the weather. Your memberships have expired.

The JCBC works hard to make our area a better place to ride. We need your support and participation. Please renew your membership or join the club today. Renew or join by mail (see form on back page) or [on-line](#) or buy a membership with your Lone Star Century registration (form enclosed).

JCBC Board Meetings:

The JCBC Board Meetings are usually held at 7:00 PM on the 2nd Wednesday of each month at:

Community America
Credit Union
5601 95th St.
Overland Park, KS

Members are welcome to attend. Please contact a board member to confirm meeting time and location.

Next Meeting: May 13

2009 JCBC Officers & Board of Directors

President	Maggi Hacker	913-498-3689	president@jcbikeclub.org
Vice President	Ken Cobb	913-548-6717	vicepresident@jcbikeclub.org
Secretary	Jan Hudzicki	913-432-0677	secretary@jcbikeclub.org
Treasurer	Kent Fulton	913-236-7223	treasurer@jcbikeclub.org
Advocacy	Doug Polson		advocacy@jcbikeclub.org
Marketing	Fred Wohlgemuth	913-385-9438	marketing@jcbikeclub.org
Membership	Jim Coggins	816-721-6524	membership@jcbikeclub.org
Newsletter	Maury Brown	816-561-9258	chainchatter@jcbikeclub.org
Webmaster	Jim Coggins	816-721-6524	webmaster@jcbikeclub.org
Board Member	Elise Hickman		
Board Member	Doug Stone		

JCBC members: to receive a printed newsletter in the mail or to notify us of an address change, please email us at: membership@jcbikeclub.org

Or write us at: **JCBC, P.O. Box 2203, Shawnee Mission, KS 66201-2203.**

Newsletter contributions are welcome and may be sent to chainchatter@jcbikeclub.org. Please type "JCBC Newsletter..." in subject line. Newsletter Deadline is the 20th of each month.

Volunteers Needed

For 2009 JCBC Pay Rides

Have you enjoyed JCBC's annual pay rides for years? Have you always intended to 'give back' and volunteer to help out on a ride yourself? Our rides are completely organized and run by volunteers. Volunteers plan the routes mark the routes, purchase the food, staff the registration table and the SAGS, drive the routes providing roving support, assist riders who are having difficulty, and do countless other behind-the-scenes tasks. All of these volunteers are giving up the opportunity to do the ride themselves that day, so they can make it happen for the others.

This is your year to give back. The JCBC needs volunteers for both of its remaining pay rides this season. Contact a ride leader and let them know you're interested in helping out.

Lone Star Century

Sunday, May 31

Ride Leader: Fred Wohlgemuth marketing@jcbikeclub.org **913-385-9438**

Cider Mill Century

Sunday, August 2

Ride Leader: Jan Hudzicki secretary@jcbikeclub.org **913-432-0677**

JCBC Monthly Board of Directors Meeting Summation

by Jan Hudzicki, JCBC Secretary

To better inform our members of the work being done by the elected Officers and Board of Directors, a brief summary of the monthly Board of Directors meetings is published in each newsletter. The Board feels that the membership should be aware of the decisions being made for the club, and the activities of the elected officers. We hope that this will encourage more members to take an active interest in the workings of the JCBC. These monthly meetings are open to all members and everyone is invited to attend.

Summary Report of Business Conducted at the April 9, 2009 JCBC Board Meeting

The Johnson County Bike club Board of Directors met for their monthly meeting on April 9, 2009 at 7:00 PM. Members present included Jan Hudzicki, Maggi Hacker, Kent Fulton, Ken Cobb, Jim Coggins, Elise Hickman, Doug Polson, Fred Wohlgemuth, and Maury Brown. Also attending was Michelle Leive, a rider who was interested in becoming more involved with the club.

President Maggi Hacker called the meeting to order at 7:00 PM. She introduced Michelle Leive, a rider who is interested in helping out the club and has volunteered to help with the Spring Classic.

The minutes were approved as written. Treasurer Kent Fulton presented the proposed 2009 budget to the board. He indicated that it is based on the 2008 income and expense figures. The budget was accepted by the board.

Membership:

Jim Coggins reported the following membership numbers: 375 Memberships with a 461 Headcount. He also reported that to date 31 riders had signed up for Spring Classic.

Marketing:

Fred Wohlgemuth reported that the first postcard mailing was sent out and most people should have received their card by now. He suggested working with KCBC to do a joint mailing, advertising both club's summer rides. He was instructed to contact KCBC to determine if they are interested doing this type of advertising.

Newsletter:

Maury Brown discussed the print version of the newsletter. The print version is essentially the same as on-line version except that the ride calendar is printed out for those who request a paper newsletter.

Old Business:

Spring Classic:

Maury Brown reported that the planning is moving ahead for the Spring Classic Ride. Other than needing a few more volunteers, everything is going smoothly.

Facebook:

Elise Hickman reported that there are 56 members so far on the site. She is listing the rides and putting out a Call for Volunteers. There is a link on the JCBC website to the FaceBook page, which is probably how most people are discovering the FaceBook site.

Ride of Silence:

Ken Cobb reported on the investigative work he has done concerning logistics for the Ride of Silence. He has determined that Brookside is the best place to start the ride since we want to attract the councilmen and women to the event. Rich Davis will act as MC and will organize the start location in Brookside. Ken already has some volunteer SAG car drivers and ride marshals to assist him that evening.

There being no further business, the meeting was adjourned at 9:05 PM.



Ride of Silence

Kansas City Rally

Wednesday, May 20th, 2009

Start/Finish:

**Cosentino's Brookside Market parking lot
62nd Terr. & Main St. (Brookside), Kansas City, MO.**

Bikes only please in the parking lot...

We ask all riders to park their vehicles elsewhere.

**The ceremonies will begin at 6:30 PM, and the ride will
start at 7:00.**

**We will do a slow and silent ten-mile loop route, through
northeast Johnson County suburbs and the Country Club
Plaza. We expect it to take about an hour. We hope you
can come.**

The Ride of Silence is a silent, slow-paced ride in honor of those who have been killed or injured while cycling on public roadways.

On May 20, 2009, at 7:00 PM, the Ride of Silence will begin in North America and roll across the globe. Cyclists will take to the roads in a silent procession to honor those who have been killed or injured while cycling on public roadways. Although cyclists have a legal right to share the road with motorists, the motoring public often isn't aware of these rights, and sometimes not aware of the cyclists themselves.

In 2008, 7,955 riders participated in the ride of silence in 299 locations around the world.

The local ride of silence is being organized by the Johnson County Bicycle Club this year.

2009 Spring Classic

Ride Report

By Maury Brown

The 2009 Spring Classic was my first attempt at leading a big ride. In fact, it was my first experience working with a JCBC ride. I would have preferred to have volunteered in a lesser capacity before stepping up to lead a ride, but nobody was offering to lead the ride and it was starting to look like we might not be able to run all three of our rides this year. That's what would happen to the JCBC without volunteers. So I offered to do it, having only a general idea of what was involved.

A lot of work goes into these rides, even ones like the Spring Classic, which was run much like it has been in years past. Permits have to be obtained from some of the municipalities on the route. The route itself has to be planned, and construction projects can cause major complications in the route planning. Permission has to be obtained to use the SAG locations. Volunteers have to be recruited. The ride has to be promoted. Flyers, route maps and registration forms must be printed. As the ride day draws near, the route has to be painted, and supplies purchased. The logistics of the running of the event must be planned out. On ride day, the equipment is hauled out of storage, transported, and set-up. After the ride, everything must be cleaned and packed back away.



Spring Classic riders defining dedication to their sport. Photo by Maury Brown

I had to jump a few hurdles while planning this ride. There was a bridge out on the 70 mile loop, and no obvious alternative route that didn't involve dirt roads or busy highways. I scouted out many roads and explored several options before finding a satisfactory route. About a week before the ride my roster of volunteers suffered some attrition and I had to make an 11th hour call for more help. Thankfully, people responded, and I got a few (really good) new volunteers.

In the days before the ride, just as everything really seemed to be coming together, the one thing that I could not control threatened the success of the whole event. So much planning goes into the JCBC rides that we simply cannot reschedule them in the event of rain. We have been lucky in the past few years, with none of our rides being spoiled by the weather. A chance of showers at some point during the ride probably wouldn't deter that many riders. But for the 2009 Spring Classic, the forecast was calling for a 100% chance of rain the whole morning. The days went by and the forecast did not improve. I had done so much work, and we had over 60 riders pre-registered for the ride. We would have to be there to support those who turned out, even though I didn't expect many. So I went very light on perishable food purchases and proceeded otherwise as if I thought it wouldn't rain.



Bragging Rights: Gray Nash was the first of very few to complete the entire 70 mile route. He blew past the first 2 SAG's without stopping.
Photo by Maury Brown

Rain, it did. There was a light drizzle, basically the whole morning. But my heroic volunteers all turned out—in their raincoats, and ready to make this ride happen. 38 riders showed up that rainy morning and registered, including some who had not pre-registered. At least 25 to 30 heroic riders actually did the ride—there were riders who did the 22, the 46, and even the 70 mile routes in the rain.

Due to the number of pre-registered riders and keeping expenditures down, the Spring Classic actually made the JCBC a little money. The JCBC counts on proceeds from our three annual pay rides to make donations to organizations that support cycling in our area. The rides cost a lot of money to put on, and there is always a risk of an event actually costing, rather than making money. While proceeds will be down this year due to the largely rained-out Spring Classic, thankfully the event did not cost the club money. Hopefully we will have a beautiful day for the upcoming Lone Star Century and a wildly successful turn-out of riders. Come and join us; we need volunteers and riders.

A Great Crew of Volunteers Staff the 2009 Spring Classic Ride

The weather worked against us and the resulting rider turn-out was predictably small, but for what it was, the Spring Classic went off very smoothly. This was in large part because **we had an awesome crew of volunteers**. There were veteran volunteers with previous experience working the Spring Classic (and other JCBC rides), who already knew what to do, and they made the ride leader's job much easier. And there were new volunteers who answered the call for help on this ride. They did a great job and are now veteran volunteers who hopefully had a great time and will help with future JCBC events.

All of the volunteers who worked on the ride day showed up cheerful and enthusiastic, despite the rainy conditions and depressing outlook for rider turn-out.

Thanks to you all; the JCBC couldn't host these events without you.

Maury Brown
2009 Spring Classic Ride Leader



Spring Classic Volunteers Carol Heil and Wayne Tuohig serve refreshments to wet riders. Photo by Maury Brown

Thank You

Spring Classic Volunteers

Ken Cobb

Ed Gogol

Maggi Hacker

Tom Handley

Carol Hatcher

Carol Heil

Kurt Kloster

Greg Larson

Margretta Larson

Janell Lilley

Caroline Smith

Debbie Smith

Wayne Tuohig

Jim Turner

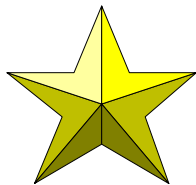
Fred Wohlgemuth

And Extra Special Thanks To:

Jim Coggins, whose contributions to the JCBC and its events have been enormous. This ride was no exception.

Dean Huggins, for whom not even hip replacement surgery a few weeks prior would stand in the way of his participation.

Doug Polson, without whom, the novice ride leader would not have known where to start or what needed to be done.



Lone Star Century



Sunday May 31st, 2009

REGISTRATION: 6:00 A.M.

RIDE START: 7:00 A.M.

Ride 36, 52, 80 or 100 miles along 4 loops that will take you by Clinton and Lone Star lakes.

Ride **BEGINS** and **ENDS** at Vestcom New Century, Gardner Drive, New Century, KS 66031-1119 (see next page for map)

From I-35 south, exit at 1st Gardener exit (175th St.). Go west on 175th St and exit into the New Century Aircenter complex. Go past Embarq on the right and turn right at Gardner Dr. Turn right into first parking lot on right.

Lunch served at Lone Star Lake!

Ride includes maps, limited support, and rest stops every 17-18 miles. Support will be available for riders needing assistance or unable to complete the ride by 3:30pm. Ride requires, at minimum, an appropriate bike in good working order, water, flat repair supplies and a helmet.

REGISTRATION INFO:

\$5.00 discount for pre-registration. Prices below have been discounted \$5.00 for pre-registration.

—Mail-in registrations must be postmarked by May 27th.

—Online registration closes May 28th @ 11:59pm.

To receive JCBC/KCBC membership discount on day-of registration, valid membership card must be presented.

Riders under the age of 18 ride free. Ride is rain or shine. Ride may be cancelled in the event of severe weather. Refunds for ride registrations are not given.

Make checks payable and mail to:

Johnson County Bicycle Club

9513 Booth Ave.

Kansas City, MO 64134

Register online at:

www.jcbikeclub.org/lonestar

For more information or to volunteer contact

Fred Wohlgeomuth, 913-385-9438

fredwohlgeomuth@yahoo.com

(detach here and mail in)

2009 LONE STAR Registration Form

Prices below reflect \$5.00 pre-registration discount

Postmark by May 27th

NAME _____ AGE _____

(List all family members' names if this is a family membership. Each name will get a member card)

EMAIL _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____ PHONE (H) _____ (W) _____

Waiver and disclaimer of Liability: I, the undersigned (parent/guardian for riders under 18), accept that cycling is a hazardous activity, and accept all risks associated with the participation in this event. I agree that in the event of a mishap/accident during the ride, that I will not hold JOHNSON COUNTY BICYCLE CLUB, its officers, members or volunteers responsible for any injury, loss or inconvenience. I further agree to wear an ANSI or SNELL approved helmet and will adhere to the rules and laws of the State of Kansas while riding in this event.

Signed _____ Date _____

Parent/Guardian _____ Date _____

Fee is for a (please check correct box): (MAKE CHECKS PAYABLE TO JCBC)

- \$20 - JCBC/KCBC member (ride only)
- \$25 - non-JCBC/KCBC member (ride only)
- \$40 - ride + individual JCBC membership
- \$45 - ride (one adult) + family JCBC membership

- I plan to ride 36 miles 52 miles 80 miles 100 miles
- Renewing? I'd love to volunteer for JCBC events Keep my name out of the directory
- New member? Send a paper newsletter

JCBC memberships purchased today expire April 30th, 2010.





Greater Kansas City Bike Week (May 9-16) features many cycling oriented events around the metro area.

The **Car-Free Challenge**, a week-long event, is a friendly competition of teams and individuals to log the most car-free miles. Log miles for commutes to work, errands, and other car-free trips.

Other events include bicycle skills workshops, bike maintenance workshops, group rides, car-free weekends on Cliff Drive, and more.

For more information on the Car-Free Challenge and other Bike Week activities, visit <http://kcbike.info/bikeweek/>.

The JCBC has a Facebook Page

Join our new forum for meeting other cyclists and sharing cycling-related information and discussion

[JCBC Facebook](#)



Join the JCBC Car-Free Challenge Team



Do the JCBC proud and join our Car-Free Challenge team for the annual Bike Week commuter competition. The JCBC has had a VERY strong showing in the past couple of years. Let's continue the tradition. Sign up for the team at <http://kcbike.info/bikeweek/>. It's easy. Then log your qualifying miles. Commutes to work, errands on your bike, bike trips to events and social occasions, even riding (instead of driving) to a group ride—any miles you ride that save you a car trip count for the Car-Free Challenge. There are categories for bus trips and car-pooling as well.

This is a great time of year to commute to work. Give it a try if you haven't before, increase your fitness, boost your mileage, and save gas and wear-and-tear on your vehicle.

Upcoming Rides For Your Calendar

There are many exciting rides scheduled in our region for the spring and summer of 2009. Start planning which ones you will enjoy this year. This partial list provides details that are available at this date. Please note: some ride details may change between now and the actual event.

See the [ride calendar](#) for more rides and details

JCBC Pay Rides

Lone Star Century

Sunday, May 31

This out-and-back ride from Olathe to Lone Star Lake will have four SAG stops, including a hamburger lunch at the mid-way point. 25, 45 and 72 mile options will be available as well as the full century. Details and registration form on page 7 of this newsletter.

Cider Mill Century

Sunday, August 2

Don't miss the final and greatest of the annual JCBC fund-raising rides, the Cider Mill Century. Ride 25, 50, 70, or 100 mile routes through scenic Miami and Linn counties. SAGS provided. Lunch served. Ride starts and ends at the Louisburg Cider Mill. For up-to-date information and pre-registration, visit the JCBC website at www.jcbikeclub.org.

Other Local and Regional Rides

Ride of Silence

Wednesday, May 20 7:00 PM

The Ride of Silence is a silent slow-paced ride in honor of those who have been killed or injured while cycling on public roadways.

On May 20, 2009, at 7:00 PM, the Ride of Silence will begin in North America and roll across the globe. Cyclists will take to the roads in a silent procession to honor those who have been killed or injured while cycling on public roadways. Although cyclists have a legal right to share the road with motorists, the motoring public often isn't aware of these rights, and sometimes not aware of the cyclists themselves.

In 2008, 7,955 riders participated in the ride of silence in 299 locations around the world.

The local ride of silence is being organized by the JCBC this year. Detail on page 4 of this newsletter.

KCBC's Jamesport Double Nickel

Saturday, May 23—Monday, May 25

Join KCBC cyclists for the annual Memorial Day Week-end ride in Jamesport, Missouri. 20-55 mile loops. Camp in the Jamesport area. Enjoy Amish food and shopping in Jamesport. Plenty of fun for families, including non-riders.

For more information and registration, contact the KCBC at www.kcbc.org.

Tour de Cure

Sunday, June 14

Tour de Cure is a fundraising event for the American Diabetes Association. 10, 40, 60, and 100 mile routes. Well supported ride with rest stops every 10 to 15 miles. New start location and routes. Lunch served after ride. For more information and registration, visit www.tour.diabetes.org.

Upcoming Rides

continued

Regional Multi-day Tours

The Nebraska 200

Saturday, June 6—Sunday, June 7

The Nebraska 200 is a traditional annual weekend ride from Parkville to Falls City, NE. Ride 100 miles up on Saturday and return by a slightly different route on Sunday.

The scenic route includes miles of flats along the Missouri River and rolling hills of northeast Kansas. The route goes through Leavenworth, Atchison, and other smaller towns.

Need miles? Don't have time or money for far-away week-long rides? Here's your opportunity to get out of town and ride 200 miles in one weekend! Completion of this ride is guaranteed to boost your stamina for challenging rides to come. Great training for brevets.

The Nebraska 200 is a challenging ride for strong, experienced, and self-sufficient cyclists who can ride long distances at a moderate-to-fast pace. Support is limited.

Contact Janie Oldberg cjb@kc.rr.com for details.

BAK (Biking Across Kansas)

Friday, June 5—Saturday, June 13

Ride 532 miles from the Colorado border, near Syracuse, to Louisburg. BAK is an annual ride that has been held since 1975. BAK is a recreational and social rally for cyclists, not an endurance contest or a race. All capable riders are welcome. Experience beautiful scenery and get a feel for life in small towns, while learning that Kansas is not flat. SAG vehicles provide support along the route. Overnight in small towns. Sleep in high school gymnasiums or tent on school grounds.

For more information and registration, visit www.bak.org.

Border Raiders

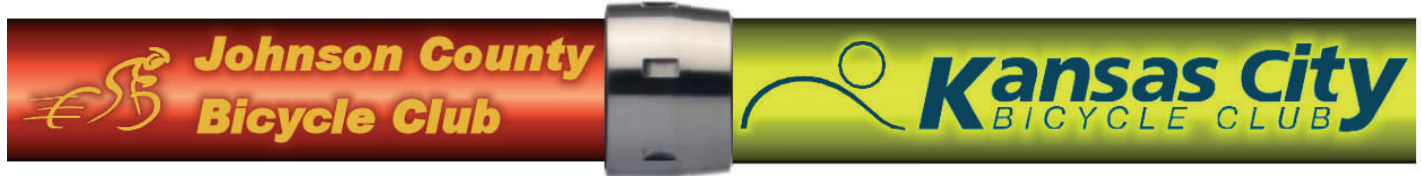
Saturday, June 20—Saturday, June 27

Ride 500 miles of history, through four states, in eight days! Tour historic places where the border wars ignited the Civil War in the Midwest. Ride 50 to 75 miles each day. Optional Long Riders Century challenge. Many rest stops feature local community organizations who sell food and refreshments as a means of raising funds for their charities. Ride accommodations include baggage transportation between destinations, overnight facilities in school gyms and camping areas, shower facilities and restroom facilities. The route starts and ends in Lawrence, KS. For more information and registration, visit www.borderraiders.com.

Local Bike Shops

<u>Shop</u>	<u>Phone Number</u>
Acme Bicycle Company	816-221-2045
Bicycle Shack	816-761-3233
Bike America—Lee's Summit	816-524-1819
Bike America—Olathe	913-7804500
Bike America—Overland Park	913-381-5431
Bike Source	913-451-1515
Bike Stop—Blue Springs	816-224-8588
Bike Stop—Kansas City	816-353-8448
Biscari Brothers Bicycles—Liberty	816-792-8877
Biscari Brothers Bicycles—Kansas City	816-231-1331
Epic Bike and Sport	816-382-3100
Family Bicycles	816-268-1757
Harry's Bike & Pipe Shop	913-321-3161
Leawood Bicycles	816-942-4442
Midwest Cyclery	816-931-4653
Pace Bicycle Haven	816-461-7433
Peddlers Cycling and Fitness	816-254-6855
Precision Tandems	913-962-8866
River Market Cyclery	816-842-BIKE
The Wheel Cyclery	816-455-2453
Trek Bicycle Store of Kansas City	913-631-6800
Turner's Cycling & Fitness	913-381-6800
Volker Bicycles	816-756-5510
Waldo Bike Shop	816-333-6595

Check Out the Joint JCBC/KCBC Ride Calendar



View the interactive calendar by visiting the JCBC website at www.jcbikeclub.org.
Click the Ride Calendar button at the top of the page.

Or just click here <http://freecal.brownbears.com/jcbcrides>

To post your ride on the calendar, email: webmaster@jcbikeclub.org

Please note that the information listed on the calendar may change at any time.

The information on this calendar is only as accurate as the information that has been given to JCBC

Johnson County Bike Club Membership Application for 2009

Join the JCBC and support cycling - Membership good until **April 30th, 2010**

Name(s): _____ Age: _____

Address: _____ City, St, ZIP: _____

Telephone (H) _____ (W) _____ E-Mail: _____

If this is a family membership, please list other members at this address.

Name(s): _____ Age: _____

Name(s): _____ Age: _____

New Member Renewal Address Change Notification

I would love to volunteer once this year to assist with a ride or other activity. **Annual Membership Fees:**

Please do not publish my name in the annual club member directory.

Please send a paper newsletter

\$20 Individual

\$25 Family

I, the undersigned (a parent for members under 18), accept that cycling is a hazardous activity and I accept all risks associated with participation in the Johnson County Bicycle Club and its events and activities. I agree that in the event of a mishap during a ride or activity, I will not hold the JCBC, its members or officers responsible for any injury, loss or inconvenience.

Signed: _____ Date: _____

Make check payable to JCBC and send this form to:

JCBC, PO Box 2203, Shawnee Mission, KS 66201

Sign up is also available online at Active.com. Search for JCBC