



Johnson County Bicycle Club

Chain Chatter

www.jcbikeclub.org

January 2008

JCBC ANNUAL MEETING AND BANQUET

Saturday, February 23, 2008

Social Hour Begins at 6:00 PM

**Seating for Banquet and Meeting
At 6:30**

'Tour of Italy Buffet'

Live Entertainment

Location: Cinzetti's

7201 W. 91st St., Overland Park, KS

(91st St. and Metcalf Dr.)

Space Limited: Register Now

Registration Form on Page 3

Why You Should Attend the JCBC Annual Meeting and Banquet

I belong to the JCBC because I believe a well organized Club speaks with one voice but is heard so much louder and clearer when it comes to Bicycle Advocacy. One special benefit of membership is the Annual Meeting.

I cannot think of a better time than the annual meeting to network, see my warm weather friends and hear all about why they don't ride in 12-14 degree weather as I did today. The Annual Meeting is an excellent way to see what was done with all the money the club raised in 2007 and what the goals and initiatives are for 2008. A new Board of Directors is elected and introduced.

Rich Davis

Vice-President

Johnson County Bicycle Club

The JCBC Annual Meeting is an excellent place to learn more about what the club has done to promote cycling in the past year and what is on the table for the year ahead. The President will deliver a state-of-the-club address and members will elect a new board of directors.

The JCBC donates money each year to several organizations that work to make our area a better and safer place to ride a bicycle. A report of our donations and major advocacy activities will be given.

Ride leaders and other volunteers will be recognized for their contributions, which make JCBC sponsored events possible.

Business will be mixed with pleasure as we dine, enjoy live entertainment and door prizes, and of course, mingle with fellow cyclists.

JCBC Board Meeting Dates:

The JCBC Board Meetings are held @ 7pm on the 2nd Wednesday of each month at:

Community America Credit Union
5601 95th St.
Overland Park, KS

Members are welcome to attend.

- February 13
- March 12
- April 9

2007 JCBC Officers & Board of Directors

President	Scott Stiles	913-385-9023	president@jcbikeclub.org
Vice President	Rich Davis	913-498-3689	vicepresident@jcbikeclub.org
Treasurer	Kent Fulton	913-236-7223	treasurer@jcbikeclub.org
Marketing	Fred Wohlgemuth	913-385-9438	marketing@jcbikeclub.org
Secretary	Nan Borchardt	913-397-6976	secretary@jcbikeclub.org
Touring Director	Maggi Hacker	913-498-3689	tourdir@jcbikeclub.org
Membership	Connie Conner	913-393-2882	membership@jcbikeclub.org
Advocacy	Dale Crawford	913-829-6588	advocacy@jcbikeclub.org
Board Member	Marsha Wilson	913-432-8159	mjanshaf@sbcglobal.net
Board Member	Jan Hudzicki	913-432-0677	janhudkc@sbcglobal.net
MARC Rep	Doug Polson	913-894-1766	dokepo@everestkc.net
Webmaster	Jim Coggins	816-721-6524	webmaster@jcbikeclub.org
Newsletter	Maury Brown	816-561-9258	chainchatter@jcbikeclub.org

To ensure that you receive your newsletter, please notify us of any address change by sending an email to: **membership@jcbikeclub.org**

Or in writing to: **JCBC, P.O. Box 2203, Shawnee Mission, KS 66201-2203.**

Newsletter contributions are welcome and may be sent to **chainchatter@jcbikeclub.org**. Please type "JCBC Newsletter..." in subject line. Newsletter Deadline is the 20th of each month.

Keep Track of Your Rides and Miles on Bikejournal.com

By Maury Brown

Now is the time of year to set ambitious new mileage goals and start planning how to meet them. For many riders, it's a time of year to resolve to keep better track of miles ridden. A fun and easy solution to keeping track of rides and miles is to join bikejournal.com.

For those who are not familiar with the site, bikejournal.com is a website that is open and free to cyclists around the world. The site primarily functions as a neat and easy way to keep track of your rides and miles. You can use the site to keep track of monthly mileage totals, weather conditions, and other memorable descriptions of a ride. Other fun features tabulate your total mileage for the year, rank your mileage with the other several thousand riders who use the site, and rank the total mileage for your club with all of the other clubs out there. You can also compare your mileage with other members of your club. JCBC is a listed club on bikejournal.com and several members already post their miles. Other local clubs, including the KCBC and the PVYC are also registered on bikejournal.com, each with several members contributing miles to the club total.

Bikejournal is easy to use, flexible, and easy to customize. Users create a profile and can opt to include photos and personal information. Mileage goals, mileage totals, and journal entries can be made viewable to others, or kept private. I find that the mileage rankings are a fun and healthy form of competition. Average speeds are not being compared, only how much a rider chooses to ride. By simply riding more, you can improve your ranking. The first year I used bikejournal, the mileage ranking, along with the setting of a mileage goal for the year, resulted in pushing myself to ride significantly more miles than ever before.

There are many ways to keep track of your mileage and keep a diary of your rides, but only Bikejournal has a pool of thousands of riders from all over the world to contribute to the mileage rankings. I have found that I ride more if I'm trying to finish the year with the top 500 high mileage riders on Bikejournal.

After two years of using bikejournal.com, I have only good things to say about the website, and I recommend it to all.



Johnson County Bicycle Club's Annual Banquet Saturday, Feb 23rd, 2008



7201 W. 91st Street, Overland Park, Kansas 66212, 913-642-0101
(91st St. & Metcalf Dr.)

Social hour begins at 6:00 PM in the bar area.

Our banquet room will open for seating and eating at 6:30pm.

Door prizes and raffles will be held after the meal.

We have reservations for 80 only! Please remit payment ASAP to insure your seat!

Join all your Johnson County Bicycling friends for an evening of food, fun, and fellowship. Dinner will be a "Tour of Italy" buffet that caters to the vegetarian and meat-lover alike. Drinks and desserts are included (excluding alcohol)!



Kelly Sisney will be our entertainer for the evening. She's a comedian and public speaker who will help us exercise our diaphragms with laughter!

Don't miss it!

\$20.00 Per person

If you have questions about the banquet, email Rich Davis at richdavis@rich-davis.com. Fill out the Banquet registration form below and cast your vote on the ballot for 2008 JCBC officers.

Mail to:
JCBC Banquet
3689 W 127th Place
Leawood, KS 66209
(postmarked no later than Mon, February 18th).
Make checks out to JCBC.

Or register online! www.active.com
(search for JCBC Banquet 2008)

Your name: _____
Address: _____
City/State/Zip: _____
Phone: _____ Number attending: _____

----- detach here and take to the banquet -----

Preliminary 2008 JCBC Officers and Board Ballot (Additional nominations are encouraged)

President:	Maggi Hacker,	or _____,	or _____
Vice Pres:	Rich Davis,	or _____,	or _____
Membership:	Connie Conner,	or _____,	or _____
Touring Director:	Jim Coggins,	or _____,	or _____
Secretary:	Nan Borchardt,	or _____,	or _____
Advocacy:	Ken Cobb,	or _____,	or _____
Treasurer:	Kent Fulton,	or _____,	or _____
Marketing:	Fred Wohlgemuth,	or _____,	or _____
Newsletter:	Maury Brown,	or _____,	or _____
Website:	Jim Coggins,	or _____,	or _____
At Large:	Jan Hudzicki,		
	Scott Stiles,		
	Dale Crawford,	or _____,	or _____

To post your ride email: webmaster@jcbikeclub.org

Helmets required on ALL rides

Please note that the information listed here may change at any time.

The information on this calendar is only as accurate as the information that has been given to JCBC

January 2008

Sunday		Monday	Tuesday		Wednesday	Thursday	Friday	Saturday																																										
30	Dec	31	1	Jan	2	3	4	5																																										
1:00pm Spin Class at MCRR	9:00am HEN HOUSE RIDE	9:00am Welcome Ride	9:00am MTFGKC\Chubby's Breakfast Burrito Group Ride	1:00pm Spin Class at MCRR	9:00am HEN HOUSE RIDE	9:00am Welcome Ride	9:00am MTFGKC\Chubby's Breakfast Burrito Group Ride	1:00pm Spin Class at MCRR	9:00am HEN HOUSE RIDE	9:00am Welcome Ride	9:00am MTFGKC\Chubby's Breakfast Burrito Group Ride	7:15pm - 8:30pm Jiva Yoga Studio Beginners Yoga	9:00am Mid Day/Mid Week BikeSource Ride, (M)	8:30pm CHELLEY'S RIDE	7:00pm Bicycle Shack Wed Ride	8:30pm BLUE MOOSE RIDE - (M,F,VF)	9:00am FRIDAY HEN HOUSE RIDE (S,M)	8:00am SCOOTERS RIDE (M,F)	9:00am HEN HOUSE RIDE																															
6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	Feb	2																						
1:00pm Spin Class at MCRR	9:00am HEN HOUSE RIDE	9:00am Welcome Ride	9:00am MTFGKC\Chubby's Breakfast Burrito Group Ride	5:30pm Spin Class at MRCC	8:30pm Pilates at MRCC	6:30am Monday Night Recovery Ride (S,L,M)	9:00am - 11:00am MONDAY MORNING BROOKSIDE ROASTERIE RIDE - S,M	6:30pm Gringos Ride - S,M,F	New Moon	TRIKC's BIG SPIN SESSIONS	6:00pm - 7:15pm Jiva Yoga Studio Gentle Yoga	7:30pm Spin at Paul Henson Family YMCA	9:00am TUESDAY HEN HOUSE RIDE - (S,M)	6:30pm BREWERY RIDE, (M,F,VF)	7:15pm - 8:30pm Jiva Yoga Studio Beginners Yoga	9:00am Mid Day/Mid Week BikeSource Ride, (M)	8:30pm CHELLEY'S RIDE	7:00pm - 9:00pm JCBC Board Meeting	7:00pm Bicycle Shack Wed Ride	8:30pm BLUE MOOSE RIDE - (M,F,VF)	9:00am FRIDAY HEN HOUSE RIDE (S,M)	9:00am Spin Class at MRCC	8:00am SCOOTERS RIDE (M,F)	9:00am HEN HOUSE RIDE	8:30pm KCBC Banquet	9:00am Spin Class at MRCC	8:00am GEORGE'S WESTON RIDE	8:00am SCOOTERS RIDE (M,F)	9:00am HEN HOUSE RIDE	7:15pm - 8:30pm Jiva Yoga Studio Beginners Yoga	9:00am Mid Day/Mid Week BikeSource Ride, (M)	8:30pm CHELLEY'S RIDE	7:00pm Bicycle Shack Wed Ride	8:30pm BLUE MOOSE RIDE - (M,F,VF)	9:00am FRIDAY HEN HOUSE RIDE (S,M)	9:00am Spin Class at MRCC	8:00am SCOOTERS RIDE (M,F)	9:00am HEN HOUSE RIDE												
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P.O. Box 2203
Shawnee Mission KS 66201-2203

PRSR STD
U.S. Postage
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Shawnee Mission, KS
66202
Permit No. 194

**2008
JCBC Banquet
and Annual
Meeting
February 23
6:00 PM
Details Inside**

Johnson County Bike Club Membership Application for 2008

Join the JCBC and support cycling - Membership good until April 30th, 2009

Name(s): _____ Age: _____

Address: _____ City, St, ZIP: _____

Telephone (H) _____ (W) _____ E-Mail: _____

If this is a family membership, please list other members at this address.

Name(s): _____ Age: _____

Name(s): _____ Age: _____

New Member Renewal Address Change Notification

I would love to volunteer once this year to assist with a ride or other activity. **Annual Membership Fees:**

Please do not publish my name in the annual club member directory.

Please send a paper newsletter

\$20 Individual

\$25 Family

I, the undersigned (a parent for members under 18), accept that cycling is a hazardous activity and I accept all risks associated with participation in the Johnson County Bicycle Club and its events and activities. I agree that in the event of a mishap during a ride or activity, I will not hold the JCBC, its members or officers responsible for any injury, loss or inconvenience.

Signed: _____ Date: _____

Make check payable to JCBC and send this form to:

JCBC, PO Box 2203, Shawnee Mission, KS 66201

Sign up is also available online at Active.com. Search for JCBC