


Just What the Doctor Ordered!!

It's a Mid Day (MD) / Mid Week Ride

At 10 am every Wednesday starting March 28th

From the BIKE SOURCE !!!



- A road ride of approx 25 miles; 12 – 15 mph
- This is not a beginner's ride, nor is it a Pro Tour race!
- Ride goes with temperature above 40 degrees and/or dry streets at the start of the ride (no rain or snow).....so bring a jacket
- This is a group ride so there will be regroup points along the route
- Routes vary depending on the group
- Maps will be provided 
- There will be hills and wind (“Totto, we must be in Kansas”)
- A ride in the true Touring tradition.....there will be no support vehicle so bring your own water, fuel and tire tube
- Ride starts from the Bike Source at 135th and Quivira (use the west parking lot) at 10 am every Wednesday
- Riders will hold the Bike Source and the route planner harmless of personal injury on the ride....it's no different than when you ride alone!
- For information contact Ron Johnson at 913-897-3045